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DIPLOMA OF HATHA YOGA 2020

Dear Yogi

This Diploma of Hatha Yoga course has been designed to assist deepen your relationship with all that yoga is, as well as provide you with the knowledge and skills to lead others on their personal yoga journey.

I believe it's through a deep understanding of the practices of hatha yoga, that a life-long SAFE practice is attainable, wellness is reached and teaching yoga can become a deeply rewarding and fulfilling vocation for you.

As the director of teacher training, it is my intention to bring you an in-depth, holistic course that is both time and cost efficient.

Upon booking you will receive our exclusive course manual, with over 300 yoga asana slides. This is included in your investment.

Course requirements include attending our weekly 2-hour tutorial AND one of my hatha or online classes per week.

The 2020 WEEKLY tutorial will be on a Tuesday 4.30 – 6.30pm at Sally Louise Yoga, Bellbrae. There will also be two Sunday workshops included in the course (dates to be set early next year).

START DATE IS TUESDAY, FEBRUARY 25 2020.

The course investment is \$3,200. \$500 is payable upon booking to secure your place and the remaining is to be paid by February 1. (This does not include your weekly yoga class). Early bird specials apply before December 15, 2019 (save \$300).

Please don't hesitate to contact me if you have any further questions.

I am so full for the opportunity to lead you deeper in to yoga. Thank you and Namaste

Sally Louise

Head Teacher and Director of YTT

Sally Louise Yoga
